

Pricing for Kaos 2024-2025

Competitive Team - \$950

- up to 4 practices per week
 - from mid-September until completion of Nationals training
 - Mondays and Wednesdays @ St. Davids in Waterloo
 - Thursdays and Saturdays @ Olympus in Kitchener
 - Must attend at least 2 practices per week and one must be either Monday or Wednesday
- Up to 6 tournaments (must compete in at least 3)
- Transportation to all tournaments and costs for coaches- based on availability - we may need parents to assist with driving
- OAWA memberships for coaching
- Accommodations for athletes at overnight tournaments
- Personalized Practice Plan
 - Goal setting
 - video review
 - Nutrition counseling and weight management plan
 - Reflections
 - Individualized Tournament strategy
- OAWA membership for athletes
- The ability to compete at Club tournaments enhances competition level at high school and prepares for Ontario school championships and provincial/national levels of club competition. For athletes looking at competing beyond high school and into post-secondary, these tournaments are crucial for learning, experience, and introduction to university varsity teams and coaches.
- Opportunities to become active in Team Ontario and/or Canadian Development
- Cost of facility rentals

Tentative Tournament Schedule

*based on 2023-2024 schedule (To be confirmed in October 2024 by OAWA)

Independent Tournament (Brampton) - Nov 16, 2024

Tri-City Open (Guelph) - Nov 24, 2024

London HS Invitational (Western University) - Dec 1, 2024

Windsor Christmas Classic (overnight) - Dec 14, 2024

Matmen Classic (Brampton) Dec 7/8

Sarnia Invitational (overnight) Jan 11, 2025

Provincials (not included) Feb 1,2

Nationals - (not included) - either April 25-27 (Calgary, Alberta) or May 29-31 (Edmonton, Alberta)

*** Tournaments and schedules may be subject to change once OAWA schedule comes out

Practice Program - \$500 (High-school athletes)

Includes - up to 4 practices per week - from mid-September until OFSAA

- Mondays and Wednesdays @ St. Davids
- Thursdays and Saturdays @ Olympus
- Must attend at least 2 practices per week and one must be either Monday or Wednesday
- Individual and/or Group Coaching
- Cost of facility rentals
- **Athletes choosing this option will not be permitted to participate in OAWA tournaments**

WCSSAA Wednesdays (and D8)

(\$10 per session or \$35 for the month)

During the months of November and March, local high school wrestlers are welcome to attend Kaos practices on Wednesdays at St. David's to further develop skills, have alternate sparring partners, and to try out a club environment. All money collected from this will go directly to the club athletes to help offset costs for National Competition. If an athlete chooses to join Kaos at the end of the month, either as a member of the competitive athlete or Practice Program, the money paid will be deducted from the program. Athletes will not be able to participate in any OAWA tournaments.

Grade 7/8 Athletes (Bantam division)

(\$300 + pay as you go for tournaments)

Not all tournaments that we attend have a Bantam division so any athlete wanting to participate in tournaments will have limited opportunities to compete - either as a Bantam or be moved up and compete in Cadet division. This will be determined on an individual basis through collaboration with coaches, parents and athletes. Bantam athletes will have access to St. David's practices on Mondays and Wednesdays from 6:30 - 9. Olympus practices will be determined on an individual basis. The OAWA membership is not included and will need to be completed by parents if athlete will be competing.

Post-Secondary Athletes (Junior/Senior Division)

(\$300 + OAWA membership)

Payment includes all availability to practices and sparring partners. OAWA membership to be completed by the participants. This is opportunity to continue to develop skills, be part of the team, stay fit and help encourage/mentor upcoming athletes. If you wish to compete, transportation, and registration for events are up to the athlete. Coaching at tournaments will be based on coaching availability and is not guaranteed. This option also allows access to Olympus practices and potentially coaching for tournaments.

